

What I Wish I Knew at 18 Student Survey

Please circle the number that best describes your current views regarding the following statements. An answer of “1” represents “Strongly Disagree” and an answer of “5” represents “Strongly Agree.”

1. I have a positive outlook for my future

1 2 3 4 5

2. I possess the intrinsic qualities and life skills to succeed in adulthood

1 2 3 4 5

3. I feel well prepared for the decisions I will be making as an adult

1 2 3 4 5

4. I understand the values and practices of successful and honorable people

1 2 3 4 5

5. I am confident in my leadership abilities

1 2 3 4 5

6. I have a healthy understanding of my strengths and areas for growth

1 2 3 4 5

7. I am confident in my ability to handle transitions, adapt to new environments, and try new things

1 2 3 4 5

I am confident in my ability to:

8. Live life with purpose and impact

1 2 3 4 5

9. Define and uphold the values most important to me

1 2 3 4 5

10. Demonstrate integrity in every situation

1 2 3 4 5

11. Model high personal and professional standards

1 2 3 4 5

12. Confidently meet new people

1 2 3 4 5

13. Build and sustain healthy new relationships

1 2 3 4 5

14. Communicate effectively with others

1 2 3 4 5

15. Handle and grow from adversity

1 2 3 4 5

16. Make wise decisions

1 2 3 4 5

17. Set goals and assess my performance

1 2 3 4 5

18. Effectively manage and schedule my time

1 2 3 4 5

19. Adapt to the rigors of a college environment

1 2 3 4 5

20. Select a well-matched career

1 2 3 4 5

21. Build competitive advantages for my career

1 2 3 4 5

22. Market myself to potential employers

1 2 3 4 5

23. Reach my full career potential

1 2 3 4 5

24. Model the qualities employers value

1 2 3 4 5

25. Objectively and thoroughly assess compatibility before committing to a long-term relationship

1 2 3 4 5

26. Define the hallmarks of healthy, lasting relationships

1 2 3 4 5

27. Surround myself with positive people and influences

1 2 3 4 5

28. Fend off destructive people and influences

1 2 3 4 5

29. Describe my passions, interests, and skills

1 2 3 4 5

30. Constructively receive and offer feedback

1 2 3 4 5

31. Apply wise financial principles in managing my money

1 2 3 4 5

32. Describe and commit to avoiding the most common financial mistakes

1 2 3 4 5